



**Learn together. Grow together. Succeed together.**

**Edition 17: Friday 24<sup>th</sup> January  
2025**

**Dates for your Diary**

Mon 27 <sup>th</sup> to Fri 1 <sup>st</sup> Feb	Year 6 Mock SATs
Weds 29 <sup>th</sup> Jan	9am Sleep Clinic for parents
Fri 31 <sup>st</sup> Jan	U11 Boys County Cup*
Mon 3 <sup>rd</sup> Feb	U9 Girls' County Cup*
Mon 10 <sup>th</sup> Feb	Kennet Outreach Event *
Thurs 6 <sup>th</sup> Feb	NSPCC Number Day
Weds 12 <sup>th</sup> and Thurs 13 <sup>th</sup> Feb	Parents' Evening 3.30-6.30pm
Fri 14 <sup>th</sup> Feb	3.15pm End of term
Mon 17 <sup>th</sup> to Fri 21 <sup>st</sup> Feb	Half Term holiday
Mon 3 <sup>rd</sup> to Weds 5 <sup>th</sup> March	Hedgehog class residential to Minstead
Weds 5 <sup>th</sup> to Fri 7 <sup>th</sup> March	Badger class residential to Minstead
Fri 4 <sup>th</sup> April	1.35pm End of term
Mon 7 <sup>th</sup> April to Tues 22 <sup>nd</sup> April	Easter holidays

*\*selected children only-you will have received a letter about this event this week.*

**In the past week at Parsons Down ....**

- ✓ This week's **attendance** for EYFS and Key Stage 1 was 94.3% and for Key Stage 2 it was 92%.
- ✓ We sent out appointment letters for our forthcoming **Parents' evenings** on Wednesday 12<sup>th</sup> and 13<sup>th</sup> February. Please can they be returned by Tuesday 28<sup>th</sup> January.
- ✓ **NSPCC Number Day** will soon be with us and Miss Mapleston sent out a letter with more information. Once again, we're inviting children to come to school wearing maths themed non-school uniform. Parents, carers or grandparents are welcome to join us in class between 2pm and 3pm on Thursday 6<sup>th</sup> to work alongside their child or group of children and enjoy a maths themed game.
- ✓ As part of our safety topic we arranged for a local PCSO to come into school on Wednesday and talk to the **Year 6** pupils about keeping safe online. The children were incredibly respectful and responsive and have made posters following the visit. A selection of them are in the photo section.
- ✓ We're encouraging the children to take part in this year's **Big Garden Bird watch**. I'll be launched in assembly on Monday and there's more information about how to take part on the Blog <https://www.pdp.w-berks.sch.uk/post/big-garden-birdwatch-2025>
- ✓ We have appointed a new group of **House Captains and monitors**. They received their badges last Friday and started work this week. It's great to see them rising to the challenge.
- ✓ Lunchtime **SEAL Club** have put together an Amazon Wish List of supplies. SEAL club is looking for donations of art and craft sets, board games, puzzles and a puzzle board. If you do have any of these items and are willing to donate them to the school, please let reception know. All details are listed on this Amazon Wish List <https://www.amazon.co.uk/hz/wishlist/ls/3JJCR53YX199K> Thank you in advance.
- ✓ I just wanted to remind all families that **dogs** (unless guide dogs) shouldn't be on school site.
- ✓ Thank you to the Year 4 families that have already returned their **Minstead** forms.
- ✓ We're **recruiting!** [Job Opportunities And Volunteering | Parsons Down Partnership of Schools | Thatcham](#)

Finally, be kind, be safe, be respectful, Mrs Bull

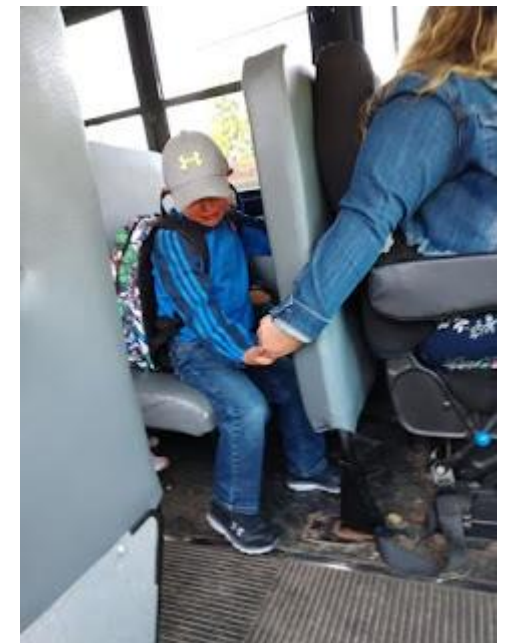


## The Week in Pictures

The OPAL photos this week have been taken by Melissa, this week's Play Detective, In No Outsiders we learnt about a boy who was nervous on their first day of school, Year 6 safety posters and some community news.



**NO OUTSIDERS**  
**'All different, All welcome'**



# \* Online Behaviour \*

## TikTok



TikTok has an age restriction of 13 years old but if you have permission and are under 13 you can have it but only on restricted mode.



Spotify is free for most people but you have to be careful with some of the songs like MSN because it says you can know by the E sign.



Snapchat has an age restriction of 13 to 17 some as TikTok but you can add people on here to be share your location so make sure it's only for your family.



Youtube is free for almost all the kids in the world but make sure you are being safe and don't search up inappropriate things.



Facebook should only be for people over 18 because kids don't need to have a phone and make friends when you are zoom.

## Instagram



Instagram is the same as most of the other apps only 13 or over not for younger people at all.



Twitter is 13 years old or over and some of Snapchat and TikTok and be safe.

Heidi

# BULLYING IS NOT GOOD!

Bullying affects your future and Mental Health!

## DON'T BULLY OTHERS!!

Social Media may be fun, but really you could be forced to do things that you don't want to do. However, if this happens, remember 3 words:

**RECORD, REPORT, BLOCK!**

Always remember to tell an adult (trusted adult) if you are seeing things online which is a bad image. **THIS IS HATE CRIME.** (blackmailing)

If you are ever getting bullied at school, don't be afraid to tell a teacher and adult that you trust to handle this situation.

If you ever get a message from a person that you don't know and it involves a link, **do not** click it. There is a big chance that it is a

**SCAM**. A scam is where you are going onto a link, the text should say something like: You just won £100!

Sometimes if you click on it, you'll get hacked. They could get access to your email, address, password, and other private things.



TikTok is 12+. Only if you are younger, your parents need to decide if you are allowed it and check every day to see what it is and how you are acting on it.

We also have other apps that your parents will need to check like Snapchat and WhatsApp.

# STAY SAFE ONLINE



If anything goes wrong, tell a trusted adult such as a teacher or a parent.

Make sure you have a safe code (number or letter) to secure your device.

Notes are photos of private parts and are usually used as a threat.

Some apps are age restricted: YouTube and TikTok is 13+

Hate crime is rabs or unkind comments and is normally posted/sent online.



# DONATIONS WANTED

Having a clear out after Christmas?  
We would love your unwanted items please!

Duplicate gifts  
Gift Bags  
Wrapping Paper  
Toys (good condition)  
Arts & Crafts  
Christmas Jumpers

All donations will be used for future PDSA events



Please bring any donations to Reception

## PARENT/CARER WORKSHOP

CHILDREN'S SLEEP HEALTH:

Covering topics such as:

- Sleep and the links it has to mental health
  - The physiology of sleep
- Sleep hygiene – promoting good sleep habits
  - Neurodiversity and sleep
- Consideration of some common difficulties such as night terrors, sleep-walking and bed-wetting.

PARENT WORKSHOP SESSION ALONGSIDE THE  
MENTAL HEALTH SUPPORT TEAM

**Parsons Down Partnership of Schools – 29<sup>th</sup> January  
9.00am – 10/10.30am**

**This session will be an informal, relaxed chance to hear about ways to support your child's sleep health and also ask any questions you might have.**

**For any questions and to book a space please email Amy Bannister at: [abannister@pdp.w-berks.sch.uk](mailto:abannister@pdp.w-berks.sch.uk)**

**PLEASE NOTE – for urgent support with a child or young person's mental health please contact your GP, or CAMHS Common Point of Entry on 0300 365 1234 or 0300 365 999 (out of hours).**